

## **Cyber Safety**

### **O.W. Huth Middle School**

To encourage families to be involved in their child's internet use, we recommend the following guidelines in helping with the monitoring process for a safer "Cyber" experience.

1. Keep technology in a public area at home...charging, etc.
2. Know your child's usernames and passwords to their various accounts
3. Know what programs your children have signed on to and how many total accounts they own
4. Methods of communicating: emails, instant messaging, texts, social networks, blogs, and chat rooms
5. How to help setup their social networks: Private verse Public

Make sure that you are familiar with the privacy settings for each social media platform. It is important to control who can view personal content that you have posted on social media, as well as who can communicate with you. Only give access to the people that you trust.

Snapchat - <https://support.snapchat.com/en-US/a/privacy-settings>

Twitter - <https://support.twitter.com/articles/20169886>

Instagram - <https://help.instagram.com/196883487377501>

Facebook - <https://www.facebook.com/help/325807937506242/>

6. Online communication – can happen at any time, distribution is quick and wide spread, and off school grounds
7. What to do if something inappropriate is sent: Screen shot the message/picture and share with school administration the following school day. An online user should never respond to such behavior, as it will only escalate the situation. "Don't take the bait!"
8. NEVER post sensitive information on social media, such as your phone number, address, where you attend school, etc.

Information from Ambrose Panico, District 162 Technology Department, Easing the Shift from Elementary to Middle School – Heather Wolpert-Gawron, and Dr. Tomic